

October IN THE ISSUE



60



24



79

IN SEASON

8 What's in season

We find out which fresh seasonal produce to look out for this October.

12 Five reasons to visit Naples

Discover why Naples has much more to offer than just its pizza.

13 How to buy meat

Ensure you buy the best cuts with this handy guide.

14 In print

The handiest Italian food bibles and a look at the latest book releases.

14 Katie Caldesi – a cook's travels

Katie Caldesi continues her culinary journey at a Parmesan factory.

16 Say cheese

Every accessory you will need to brighten up your cheese board.

17 The source

Do delis or supermarkets sell the best tricolore fusilli? We find out.

18 Dining out

Try a popular dish from Angela Hartnett.

19 Grow your own

Get set for winter and start growing your winter salad leaves.

19 Focus on porcini

Everything you need to know about Italy's favourite fungi.

RECIPES

10 In season recipes

Whip up some tasty meals using this month's freshest ingredients.

22 Pronto! Risotto in minutes

Francesca Unsworth creates six risotto dishes that are tasty, filling and can be made in under an hour.

28 A comforting autumn feast

Take your place in the kitchen and prepare to cook up a feast to warm even the coldest evening with Ursula Ferrigno's autumn recipes.

40 Delicious recipes for real life

Viv Pidgeon and Jenny Stringer from Leiths Cookery School offer five recipes to solve any hectic-day dinner dilemma.

57 Step-by-step grilled polenta with Gorgonzola

Follow our seven easy steps to produce a truly tasty snack.

71 Four takes on ricotta

Adapt this essential ingredient to create four delicious dishes.

77 Taste Abruzzo

Rolling hills and gently lapping seas provide inspiration for a host of culinary delights from the Abruzzo region.

98 Cucina della nonna

Reader Stefano Cuomo gets to grips with rabbit.



FEATURES

26 WIN a cookery holiday for two

Enjoy a cookery holiday for two in Bergamo with Italian Hideaways.

50 Gourmet guide to Maremma

The rich landscape produces a wide variety of culinary treats in this largely undiscovered area of Tuscany.

62 British schools, Italian food

Taste Italia uncovers 20 of the best Italian cookery schools in Britain, offering everything from corporate courses to lessons in your home.

87 Cookery school in focus

Meluki provides a taste of Italy in the middle of Buckinghamshire.

74 Rose Gray talks

Carolyn Lyons quizzes one of the owners of the River Cafe.

TRIED & TASTED

89 Drink Italia

Discover all there is to know about Abruzzo's Montepulciano grape, what to drink with our regional recipes, plus this month's top cocktail.

92 Ready-made pizza taste test

Find out which supermarket version of the Margherita pizza comes out top of our taste test.

EVERY ISSUE

6 Recipe finder

Track down your favourite dishes with this handy index.

7 In the mail

38 Ten of the best Italian cheeses

Our top selection for your cheese board.

70 Back issues

84 Questions and answers

88 Weights and measures guide

97 Next month

✿ Denotes on the cover

Turn the page for a full listing of this month's recipes in our recipe finder

Subscribe

Subscribe to *Taste Italia*, save money AND receive a copy of Gino D'Acampo's *Buonissimo!*

48

